## JAPAN PACKING CHECKLIST () SENEST



| TRAVEL ESSENTIALS  |  |  |
|--|--|--|
| Passport   |  |  |
| Visa (if necessary)  |  |  |
| Visit Japan Web https://www.vjw.digital.go.jp/main/#/vjwplo001 |  |  |
| Pen  |  |  |
| Important documents  |  |  |
| Travel Health Insurance  |  |  |
| Smartphone   |  |  |
| Phone charging cable   |  |  |
| Charger (GaN is recommended)                                   |  |  |
| Plugadaptor (ifnecessary)                                      |  |  |
| Power bank portable charger                                    |  |  |
| Data plan: eSIM or Pocket WiFi                                 |  |  |
|  |  |  |
| OPTIONAL ELECTRONICS   |  |  |
| Camera, batteries, SD cards                                    |  |  |
| Lens   |  |  |

Laptop computer & cable

Earbuds or headphones

AirTag for tracking

| PAYMENT METHODS                   |  |
|-----------------------------------|--|
| Debit card (for ATM)              |  |
| Credit card                       |  |
| Emergency cash (USD\$200)         |  |
| Yen (or get from ATM in Japan)    |  |
| Coin purse                        |  |
| IC card (for transportation)      |  |
| Driver's license (identification) |  |

| HEALTH                    | <b>✓</b> |
|---------------------------|----------|
| Snack for travel day      |          |
| Medicine                  |          |
| First aid kit             |          |
| Face masks                |          |
| Soapsheets                |          |
| Sunglasses                |          |
| Eyeglasses                |          |
| Contact lenses & solution |          |
| Tissuepack                |          |
| Menstrual products        |          |

## JAPAN PACKING CHECKLIST CHECKLIST



| TOILETRIES               | <b>√</b> |
|--------------------------|----------|
| Deodorant                |          |
| Moisturizer              |          |
| Lip balm                 |          |
| Toothbrush               |          |
| Toothpaste or powder     |          |
| Floss                    |          |
| Razor                    |          |
| Shampoo                  |          |
| Conditioner              |          |
| Body wash or soap        |          |
| Face cleanser            |          |
| Sunscreen                |          |
| Cosmetics                |          |
| Brush, comb, accessories |          |
| Nail clipper & file      |          |
| EMERGENCY                | <b>√</b> |
| Flashlight               |          |
| Whistle                  |          |

| LIGHTWEIGHT BAGS  | <b>√</b> |
|-------------------|----------|
| Carry-on          |          |
| Personal item     |          |
| Foldable tote bag |          |
| Bagforsouvenirs   |          |
| Packing cubes     |          |
| Shoe bag          |          |
| Laundry bag       |          |
| Toiletries pouch  |          |
| Luggagetag        |          |
|                   |          |

| SUMMER ESSENTIALS  |  |
|--------------------|--|
| Insectrepellent    |  |
| Umbrella / parasol |  |
| Fan                |  |
| Sun hat            |  |
| Sunscreen          |  |
| Electrolytes       |  |

https://kenshoquest.com/ https://www.youtube.com/kenshoquest

## JAPAN PACKING CHECKLIST CHECKLIST



| SHOES (EASY ON & OFF) |          | LAYERS              |
|-----------------------|----------|---------------------|
| Sneakers              |          | Hoodie sweater      |
| Boots                 |          | Cardigan            |
| Ballet flats          |          | Rainjacket          |
| Sandals               |          | Puffy jacket        |
| Socks                 |          | Leggings            |
| CLOTHING              | <b>✓</b> | Baselayer           |
|                       |          | FALL/WINTER         |
|                       |          | ACCESSORIES         |
|                       |          | Scarf               |
|                       |          | Hat                 |
|                       |          | Gloves              |
|                       |          |                     |
|                       |          | EVERYDAY ESSENTIALS |
|                       |          | Hand towel          |
|                       |          | Small trash bags    |
|                       |          | Waterbottle         |
|                       |          |                     |
|                       |          | https://kenshoquest |

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